

INTERNATIONAL FOOD NIGHT

The aim of this activity is to cook and taste food from different countries.

As a group of Explorer Scouts and Scout Network members, assign a country to each individual. Then, either prepare a meal traditional to that country and bring it to the meeting or bring the ingredients along to the meeting in order to cook it there. Each member should also provide some information on his or her selected country.

You could do it as a competition in groups, where over a series of sessions a different group hosts and focuses on a different country.

Examples of international dishes include a hamburger from the United States of America, Spaghetti Bolognese from Italy, Pad Thai from Thailand, Ackee and Saltfish from Jamaica, Kibbe from Lebanon, Moussaka from Greece, Poutine from Canada, Goulash from Hungary, Paella from Spain, Bobotie from South Africa.

Examples of the sort of information you could find about each country include:

- population
- location in the world and the countries that border it
- languages spoken in the country
- capital city and other major cities
- flag of the country
- What is their economy based on? (exports)
- What major geographical features are within the country? (rivers, mountains, etc)
- Find out if Scouting takes place.

A key thing to think about is what makes a national dish a national dish for a country.

WHAT YOU WILL NEED

- a cooker
- pots, pans and utensils
- food
- a menu for and information about the country