

NIGHT SMART ACTIVITY

This is a fun night walk on a planned route around your meeting place and will help Cubs to identify road signs and understand what each sign means. It can also help Cubs learn about fluorescent and reflective clothing and which type will show up better at different times of day.

If the walk takes place in the evening or at night reflective jackets should be worn as they bounce back light from a source such as car headlamps. If the walk is completed during the day make sure fluorescent colours are worn to help them to be seen by drivers. Perhaps do one walk during the day then again in the evening to see the difference?

This activity can count towards the Cub Road Safety Activity Badge requirements:

Draw or take photos of 10 different traffic signs. Explain what they mean.

Leader Notes

You will need (for each group)

- Printed streetmap which shows 2 miles around your meeting place.
Visit rac.co.uk/routeplanner
- Clip board and pen
- Instructions
- Torch
- A copy of the highway code or a print out of traffic signs and meanings.
Visit bit.ly/RACHighwayCode (downloadable sheet)
- Hi Vis Jackets / Reflective Clothing

Activity steps

1. Using the local street map, plan a short circular walk around nearby roads (each group can have a slightly different route). This planning could be done beforehand to save time.
2. At the beginning of the activity or before leaving the meeting place, spend a short time explaining the difference between type of signs e.g. triangular signs give a warning, circular signs give orders. Also talk about the importance of being bright and seen, and the difference between fluorescent and reflective materials.
3. Ask your section to get into small groups.
4. During the walk, when they come to a road sign, they should draw it on their map and if they know what the sign means write it down.
5. The group can use the torch to shine on some of the signs and see if they are reflective (make sure this is done safely when drivers or pedestrians won't be dazzled)
6. On their maps they should mark where it is safe to cross the road safely.
- 7 After their walk they can check the Highway Code to see how many signs they got right.

SAFETY

Each small group should have the required number of adults or leaders to Cubs. When walking at night, remember that you may be hard to see. Even if you can see an approaching driver, don't assume the driver can see you in time to stop. Do what you can to make yourself visible, and pay extra attention to your surroundings.

