

cubs



# Halfords

## activity pack

### Puzzles



halfords

# Contents

Do's and don'ts .....	3
Find a safe place .....	5
Know your bike .....	6
Work out and find the parts .....	7
Put the spanner in the tool box .....	8
Join the dots .....	9
Spot the difference.....	10



# Do's and don'ts

Match the 'Do's' and 'Don'ts' with the reason why:  
(by cutting out the cards and pairing them up, or drawing lines between them)

## Do:



## Why:



## Don't:



Lock your bike to a parking meter

Wear black or dark clothes

Oil your wheel rims under the brake pads

Let your bike stay dirty after a muddy ride

Forget your waterproofs when it's raining

Thread your lock through the wheel to lock it

Go for a ride if your brakes are loose

Wear shoes that slip easily off pedals

## Why not:



You won't be seen

You might not be able to stop

The lock and bike can be lifted over short things

The wheel can be taken off and the bike frame stolen

Mud and grit can get into the moving parts of a bicycle and damage it

Getting wet can make for a very chilly ride

You could lose control of your bike

Your brakes won't work

# Find a safe place

Below is a picture of what your local shopping centre might look like. Think about where it is safe to lock up your bike. Also think about where you

are allowed to leave it. Looking at the picture put a tick next to the bikes that are locked up correctly and a cross next to the bikes that aren't.



# Know your bike

Label the bike with the words below - do you know which part is where?

- Front brake pad
- Spokes
- Pedals
- Handlebars
- Brake lever
- Handlebar headset
- Dust cap
- Saddle release handle
- Chain
- Stem for the handlebars
- Rear reflector
- Reflector
- Brake cable
- Wheel rim



# Work out and find the parts

Answer the questions using one of the words below, then find the answers in the word search:

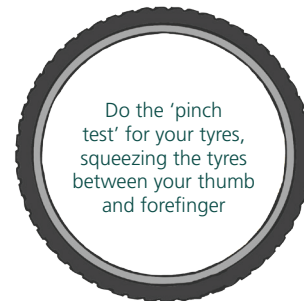
- The handlebars sit in this
- Protects the air valve from dust getting in
- Must make sure this doesn't slope or you won't be sitting comfortably
- Use the pedals to make this go round
- Make sure they're clean so you can be seen
- Hold them tight to steer
- Pull on these to slow down and stop
- Make it sound so others know you're around
- These must have air or your ride will be bumpy
- Step on these and off you go

Chain  
Headset  
Dustcap  
Pedal  
Saddle  
Bell  
Reflectors  
Handlebars  
Brakes  
Tyres



# Put the spanner in the tool box

Start with the spanner and read the info in the bicycle wheels, colouring in the ones which give good maintenance advice. Each correct piece of advice will lead to another – and in the end, you'll reach the toolbox.





# Join the dots to reveal the correct way to wear a safety helmet

Write down the main things you should consider when choosing a helmet:

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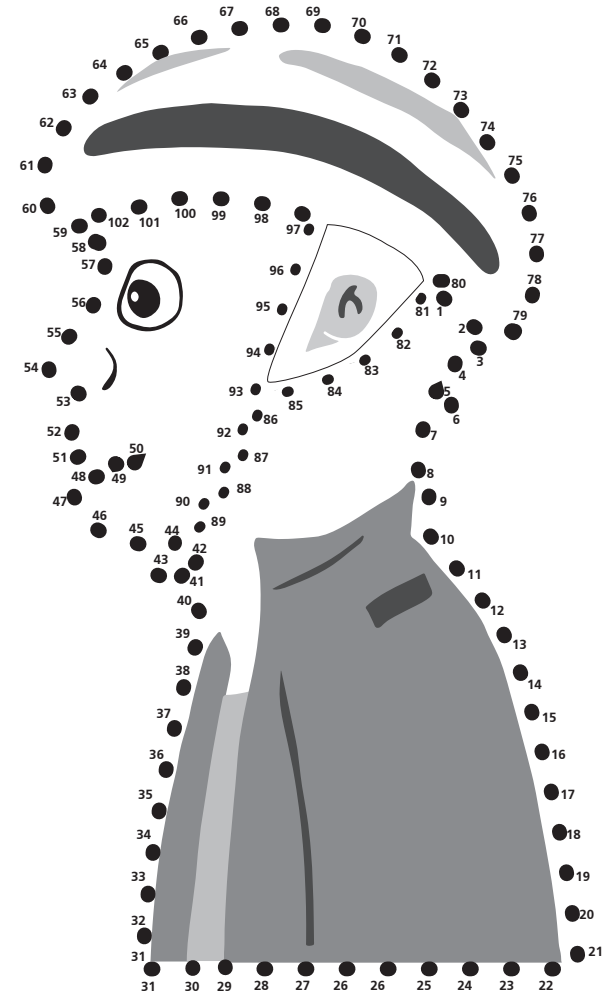
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## Spot the difference with a difference

Get a green pen and a red pen. In the left hand picture, draw a red circle around all the things that you think are wrong from a safety point of view. In the right hand picture, draw a green circle around all the things you think are right.

